



Star Dargin, BS

Star is a seasoned coach for midlevel leaders and their teams, and a sought-after speaker, presenter and author. Her speaking style is engaging and thought-provoking, addressing topics including leadership, project management, team building, and effective communication.

Star's approach is informed by personal work experience in software engineering, project management, education, and product development. In those roles, she witnessed the negative organizational impact of unprepared leaders. She learned that intelligence and potential are not enough; leaders can often lack the tools and self-knowledge they need to be effective. In response, she developed and now uses a unique approach designed to equip leaders with the knowledge and tools they need to sustainably build cohesive, functional, positive, results-oriented teams. A key pillar of her unique approach comes from a place of gratitude by integrating seeming opposites into a synergistic whole. By relying on the power of the word "AND," conditions that might be seen as in conflict can be opened and effectively combined. The result is a strong, rapport-building, innovative, and inclusive approach to team building and problem solving honed over 2,000+ hours of coaching clients and delivering hundreds of successful training modules. She is the author of many articles, and the book *Leading with Gratitude: 21st Century Solutions to Boost Engagement and Innovation*.

Past and Current Clients Include:

TEL Systems; Fortune 100 Quality International Automotive Company; Fortune 100 Equipment Manufacturing Company; Food for Grocery Retail; Acambis; Consigli; Kronos/UKG; Impress; Aspect™; nSight; DataSys Corporation; NASA; Worcester Polytechnic Institute; University of Massachusetts Medical School; Boston University, State of Massachusetts (MRC, EOLWD, EOHHS, Commonwealth Medicine); Institute for Healthcare Improvement; Monadnock Humane Society

Education and Affiliations:

Star holds a B.S. in Computer Science and has earned coaching certifications through the International Coaches Federation (ICF) and the Coaches Training Institute (CTI) – PCC and CPCC. She is a member of the National Speakers Association (NSA), and is affiliated with the Project Management Institute (PMI). She's been teaching project management at Boston University since 2000. Star has been twice nominated for Business Coach of the Year by the International Coaching Federation of New England (ICFNE).

Personal Interests:

Star is happily married, living in New Hampshire with her husband Steve and their turtle, Leo. Their three adult sons and daughter-in-law live nearby.